

Organize, delegate, supervise, check.



There are many times when I have had a particular problem or situation and felt so frustrated or helpless and near to seeking professional counseling. But I can honestly say that a few hours of sitting and stitching and thinking and listening to the One with all our answers is much better and more apt to bring the solutions and the peace being sought. Do you know what I mean?

Email exchange

TRAVEL LOG

So here we are, resting on our "laurels." Doesn't it feel grand? Laurel means perseverance and glory, just the ingredients necessary for our expedition. Would you care to note what triumphs you've had lately? What have you been able to let go of to simplify and enhance your life? Just as students of old would wear a laurel wreath to celebrate their accomplishments, so we, too, can enjoy our victories with this block!



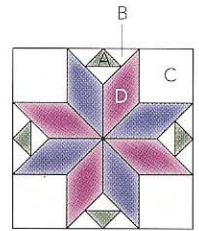
Diamond Star

10" finished

Once again we'll use Y-seam construction to form this star. Be patient and precise!

CUTTING RECIPE

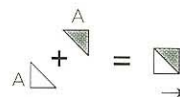
- | | | | | |
|---|----------------|--|---|------------------------------|
| A | 2 3/8" | | → | Cut 2 dark 2 Background 1 |
| B | 3 1/4" + | | → | Cut 2 Background 1 |
| C | 3 1/2" | | → | Cut 4 Background 1 |
| D | 2 1/2" + x 22" | | → | Cut 4 dark 4 medium dark |



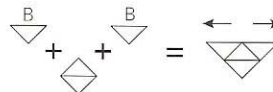
To cut diamonds, first cut a strip of each fabric 2 1/2" + x 22". Cut one end of strip at a 45° angle. Turn your cutting mat. Line up the 2 1/2" + mark on your ruler with this 45° cut edge. The 45° mark of your ruler should be parallel with the bottom of your strip. Cut. Move your ruler over 2 1/2" + until you've cut 4 diamonds from each strip.



Step 1: Make 4.



Step 2: Make 4.



Short hair is quickly brushed.